



Donuts

PRODUCT MANUAL

3 ring styles

5/8", 3/8", and 1/3"
thick

Stretchy design

Made from silicone

How To Use

- Apply water-based lubricant on your shaft.
- Wear around the penis or penis and testicles.
- If pain or discomfort occurs, immediately remove the constriction ring.

LIMIT THE USE OF THE CONSTRICTION RING TO NO LONGER THAN 30 MINUTES PER USE.

Cleaning and Care

- Use a toy cleaner/mild soap with water to clean the product before and after each use.
- Pat with a towel and allow it to air-dry completely.
- Use with the water-based lube only, no silicone lubricants.
- The toy can be sterilized with a 5% bleach solution or alcohol.
- The toy can be washed in a dishwasher.

Warning

- Stop using the constriction ring if pain occurs.
- Do not fall asleep while wearing the constriction ring, since prolonged use may cause permanent injury to the penis.
- Allow at least 60 mins between uses as more frequent use may increase the risk of injury to the penis.
- Do not use the constriction ring under the influence of alcohol or drugs, since it may impair the user's judgment and increase the risk of injury to the penis.
- Misuse of a constriction ring may cause bruising, painful injury, or permanent damage to the penis.
- Constriction rings do not prevent pregnancy.



Precautions

- Use of a constriction ring may aggravate already existing conditions such as Peyronie's disease (the formation of hardened tissue in the penis that causes pain, curvature, and distortion,

usually during erection); priapism (persistent, usually painful erection of the penis as a consequence of disease and not related to sexual arousal); and urethral strictures (urethral stricture is an area of hardened tissue which narrows the urethra, sometimes making it difficult to urinate).

- **Prolonged use of the constriction ring (i.e., without removal) may cause permanent injury to the penis.**
- Incorrect use of this device may bruise or hurt the blood vessels within the penis or scrotum, resulting in petechiae (a small purplish spot on a body surface, such as the skin or mucous membrane, caused by a minute hemorrhage), hemorrhage (flow of blood from ruptured blood vessels), or the formation of a hematoma (localized swelling filled with blood resulting from a break in a blood vessel).
- Use the least constricting ring size that maintains your erection, since excessive constriction could injure the penis.

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