



## Kegel Trainer Set

PRODUCT MANUAL

Free moving weights

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4 interchangeable  
weighted balls

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2 kegel sleeves

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Made from silicone  
and ABS plastic



1.41 oz./40 g.

1.06 oz./30 g.

## Cleaning and Care

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- Use a toy cleaner/mild soap with water to clean the product before and after each use.
- Pat with a towel and allow it to air-dry completely.
- Use with the water-based lube only, no silicone lubricants.
- The item can be sterilized with a 5% bleach solution or alcohol.
- The item can be washed in a dishwasher.



## Warning

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- Do not use on inflamed and injured areas.
- Discontinue use if feeling pain or discomfort.
- Adult novelty only. Use for medical purposes or for a use that has an adverse effect on any function of the body is prohibited.



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