

# LELO

## LELO Beads™

USER MANUAL

BEDIENUNGSANLEITUNG

MANUEL D'UTILISATION

MANUAL DE USUARIO

MANUALE D'USO

使用指南 - 使用說明書



**A STRONG PELVIC FLOOR CAN MAKE  
A WORLD OF DIFFERENCE.  
TRAIN OFTEN, WISELY & WITH CARE.**

Congratulations on acquiring LELO Beads™. Before getting more closely acquainted with it, please take a moment to look through this user manual.

## **GETTING STARTED**

Every woman is different. That's why LELO Beads™ are available in different size variations: mini, classic & plus. LELO Beads™ Mini have been specially designed to offer a perfect fit for women under 30 who have never experienced childbirth, LELO Beads™ Classic are recommended for over-30's and those who have experienced childbirth, and LELO Beads™, are perfect for women that want to elevate their pelvic floor routine with heavier weights.

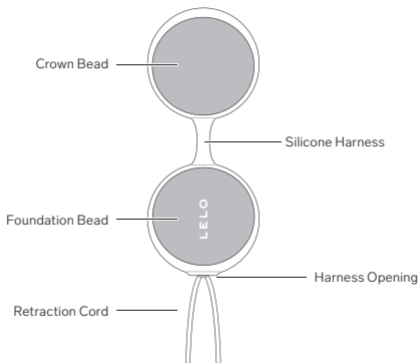
Each set of LELO Beads™ consists of a silicone harness and four or six weighted beads. When worn individually or combined using the silicone harness, LELO Beads™ offer an easy, effective and effortless way to optimize your pelvic floor workout.

LELO Beads™ Noir are our sensual take on this bestselling product, designed to be used during foreplay or as your own little secret on a night out with your partner. They consist of 2 weighted beads (37 grams) in the mini size that can be combined with a black silicone harness.

Please note these are guidelines only. For example, LELO Beads™ Mini are often the preferred choice of many women who are starting to go through menopause, while the original LELO Beads™ are sometimes preferred by younger women who have just started practicing Kegel exercises.

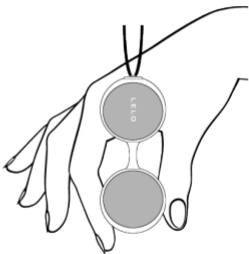
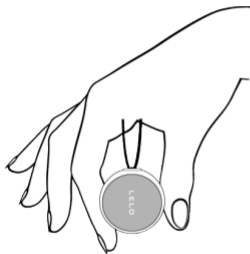
Consult your doctor before using LELO Beads™ during pregnancy.

## GETTING TO KNOW YOUR LELO Beads™



## USING LELO Beads™

- How to hold



## • How to insert

Inserting LELO Beads™ is not dissimilar to inserting a tampon. However, as LELO Beads™ have a wider girth, some additional insertion techniques must be used.

1. To facilitate easy insertion, apply LELO Personal Moisturizer on the leading edge of the bead(s) you intend to use. Avoid using too much lubricant, as this will make the bead(s) slippery and difficult to hold in place.
2. Lie on your back and introduce the leading end of the bead(s) into your vagina with a firm but gentle push. If you experience difficulties, raise your pelvis so that gravity can assist you. Some women find that a standing position, with one leg raised, works better for them.
3. If you are using two beads and the silicone harness, insert the crown bead first. Due to the gap between the two beads, once the crown bead is inserted, the vaginal muscles may try to push it out before you can insert the foundation bead. Take a deep breath and relax to help ease both beads in.

• How to position



## **CLEANING, STORAGE, AND SAFETY**

- Using LELO Beads™ with hand creams or silicone-based lubricants may make the silicone permanently tacky.
- LELO Beads™ are fully waterproof, making cleaning simple. Rinse and spray with LELO Toy Cleaner, then rinse again and allow them to dry.
- Always disassemble and clean each part of your LELO Beads™ thoroughly before and after each use. You can wash the silicone with warm water and antibacterial soap, rinse with clean warm water and pat dry with a lint-free cloth or towel. Never use cleansers containing alcohol, petrol or acetone.
- Avoid leaving your LELO Beads™ in direct sunlight and NEVER expose it to extreme heat. Store your LELO Beads™ in a dust-free place and keep it away from products of other materials.



## SPECIFICATIONS

### MATERIALS

Body-safe ABS/Silicone

### HARNESS SIZE

Classic/ Plus: 89 x 35 x 16 mm / 3.5 x 1.3 x 0.6 In

Mini: 73 x 31 x 15 mm / 2.8 x 1.2 x 0.59 In

Noir: 73 x 31 x 15 mm / 2.8 x 1.2 x 0.59 In

### BEAD SIZE

Mini: Diameter 29 mm / 1.14 In

Noir: Diameter 29 mm / 1.14 In

### WEIGHTS

2 x 28 g / 0.06 lb (Petal Pink)

2 x 37 g / 0.08 lb (Powder Blue)

2 x 60 g / 0.13 lb (Amethyst Purple)

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Noir: 2 x 37 g / 0.08 lb (Black)

## **REGISTER WARRANTY**

To activate your 1-Year Limited Warranty, register the number provided on the LELO Authenticity Card at [LELO.COM/SUPPORT](https://LELO.COM/SUPPORT).

## **1-YEAR WARRANTY**

LELO warrants this pleasure object for a period of ONE (1) YEAR, after the date of original purchase, against defects due to faulty workmanship or materials. The warranty covers working parts that affect the function of the pleasure object. It does NOT cover cosmetic deterioration caused by fair wear and tear or damage caused by accident, misuse or neglect. Any attempt to open or take apart the pleasure object (or its accessories) will void the warranty. If you discover a defect and notify LELO during the warranty period, LELO will, at its discretion, replace the pleasure object free of charge. Claims under warranty must be supported by reasonable evidence of the date of claim is within the warranty period. To validate your warranty, please keep your original purchase receipt together with these warranty conditions for the duration of the warranty period. To claim your warranty, you must log in to your account at [LELO.COM](https://LELO.COM) then select the option to make a warranty claim. Shipping costs are non-refundable. This undertaking is in addition to consumer's statutory rights and does not affect those rights in any way.

## DISPOSAL INFORMATION

**Disposal of old electronic equipment (applicable in the EU and other European countries with separate waste collection systems):**

The crossed-out dustbin symbol indicates that this pleasure object should not be treated as household waste, but rather be brought to the appropriate collection point for the recycling of electrical and electronic equipment.



**Disclaimer:** Users of this product do so at their own risk. Neither LELO nor its retailers assume any responsibility or liability for the use of this product. Changes or Modifications not expressly approved by the manufacturer could void the user's authority to operate the equipment.

**Model may be changed for improvements without notice.**

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DESIGNED AND DEVELOPED BY LELO SWEDEN

MANUFACTURED FOR LELO IN CHINA

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