



Stamina Ring With Handles

PRODUCT MANUAL

1" cock ring

**Handles
for easy removal**

Stretchy design

Made from silicone

How To Use

- Apply water-based lubricant on your shaft.
- Wear around the penis or penis and testicles.
- If pain or discomfort occurs, immediately remove the constriction ring.

LIMIT THE USE OF THE
CONSTRICTION RING TO NO
LONGER THAN 30 MINUTES PER
USE.



Cleaning and Care

- Use a toy cleaner/mild soap with water to clean the product before and after each use.
- Pat with a towel and allow it to air-dry completely.
- Use with the water-based lube only, no silicone lubricants.
- The toy can be sterilized with a 5% bleach solution or alcohol.
- The toy can be washed in a dishwasher.

Warning

- Stop using the constriction ring if pain occurs.
- Do not fall asleep while wearing the constriction ring, since prolonged use may cause permanent injury to the penis.
- Allow at least 60 mins between uses as more frequent use may increase the risk of injury to the penis.
- Do not use the constriction ring under the influence of alcohol or drugs, since it may impair the user's judgment and increase the risk of injury to the penis.

Precautions

- Use of a constriction ring may aggravate already existing conditions such as Peyronie's disease (the formation of hardened tissue in the penis that causes pain, curvature, and distortion, usually during erection); priapism (persistent, usually painful erection of the penis as a consequence of disease and not related to sexual arousal); and urethral strictures (urethral stricture is an area of hardened tissue which narrows the urethra, sometimes making it difficult to

PROLONGED USE OF THE
CONSTRICTION RING (I.E.,
WITHOUT REMOVAL) MAY CAUSE
PERMANENT INJURY TO THE PENIS.

- Incorrect use of this device may bruise or hurt the blood vessels within the penis or scrotum, resulting in petechiae (a small purplish spot on a body surface, such as the skin or mucous membrane, caused by a minute hemorrhage), hemorrhage (flow of blood from ruptured blood vessels), or the formation of a hematoma (localized swelling filled with blood resulting from a break in a blood vessel).
- Use the least constricting ring size that maintains your erection, since excessive constriction could injure the penis.

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